



## Effective Leadership for Women

**Duration:** 5 Days

**Language:** en

**Course Code:** MG2-115

### Objective

Upon completion of this course, participants will be able to:

- Be familiar with effective methods of delegation.
- Organise and prioritise tasks to gain a successful outcome.
- Empower your team using a lead-by-example approach.
- Boost your own confidence when leading a team of people.
- Trust your own decisions and recognise your strengths and weaknesses.
- Dealt with difficult situations and utilised assertive communication skills.
- Develop self-confidence and self-management to ensure tasks are completed to the highest standard.
- Adopt procedures and processes that help female leaders excel in their roles.

## Audience

This course was developed to assist aspiring or in practice, female leaders to help them harness their skills and knowledge to move forward with their team. It would be particularly beneficial for:

- Supervisors
- Managers
- Aspiring Managers
- Team Leaders
- Female Business Owners
- Operations Managers
- Community Leaders
- HR Personnel
- Office Managers

## Training Methodology

This course uses various adult learning techniques to empower women in the workplace to excel in their roles. You will experience trainer-led workshops and presentations to upskill in effective delegation, review case studies of successful leadership practice, and hold group discussions to review leadership models and how they relate to your business.

You will create an action plan to move forward in your role and identify your own areas of development and ways to improve through practical role-play and written frameworks.

## Summary

In the modern era, it's becoming more common for women to take up leadership roles. Childcare responsibilities are shared more equally between partners, and women have greater opportunities and scope to progress within their job roles.

Women possess natural skills and abilities that are essential for great leadership. They have emotional intelligence that helps them understand and relate to direct reports, empathy, and support functions that allow them to lead by example. They also have natural strengths when it comes to prioritisation and multi-tasking.

Unlocking these skills and learning how to use them professionally is essential to becoming a good leader and getting the most out of your team. Recognizing and working on development areas is also necessary for creating an excellent leadership style overall. This innovative course is built to inspire women to reach their full potential within the workplace and use their strengths and skills to create a successful and motivated workforce.

# Course Content & Outline

## Section 1: Women's Roles in the Workplace

- Female role models in leadership.
- Recognising your value as a female leader.
- Understanding your goals as a leader.
- Work-life balance and its importance.
- Pushing through the glass ceiling.

## Section 2: Leadership Models & Frameworks

- 80/20 method of delegation and prioritisation.
- Common mistakes and how to avoid them.
- Decision-making tools.
- Analytical evaluation and evidence-based choices.

## Section 3: Communication Skills in the Workplace

- Taking an empathetic approach.
- Leading by example.
- Self-awareness and utilising emotional intelligence.
- Delivering a clear message.
- Communicating across gender differences.
- Managing a multicultural workforce.

## Section 4: Self-Management & Developing Confidence

- Establishing your positive self-image.
- Self-motivation and avoiding procrastination.
- Pushing past competition and handling jealousy.
- Leading meetings and developing influencing presentations.

## Section 5: Managing Change & Influencing

- Persuasive techniques and gaining buy-in.
- Performance management.
- Motivating a team.
- Managing conflict and resistance within a team.

## Section 6: Reviewing Next Steps & Performance Improvement Areas

- Understanding your development areas.
- Asking for feedback and creating improvements.
- Innovation and creativity.

- Journey mapping and understanding pain points.

## Certificate Description

Upon successful completion of this training course, delegates will be awarded a Holistique Training Certificate of Completion. For those who attend and complete the online training course, a Holistique Training e-Certificate will be provided.

Holistique Training Certificates are accredited by the British Assessment Council (BAC) and The CPD Certification Service (CPD), and are certified under ISO 9001, ISO 21001, and ISO 29993 standards.

CPD credits for this course are granted by our Certificates and will be reflected on the Holistique Training Certificate of Completion. In accordance with the standards of The CPD Certification Service, one CPD credit is awarded per hour of course attendance. A maximum of 50 CPD credits can be claimed for any single course we currently offer.

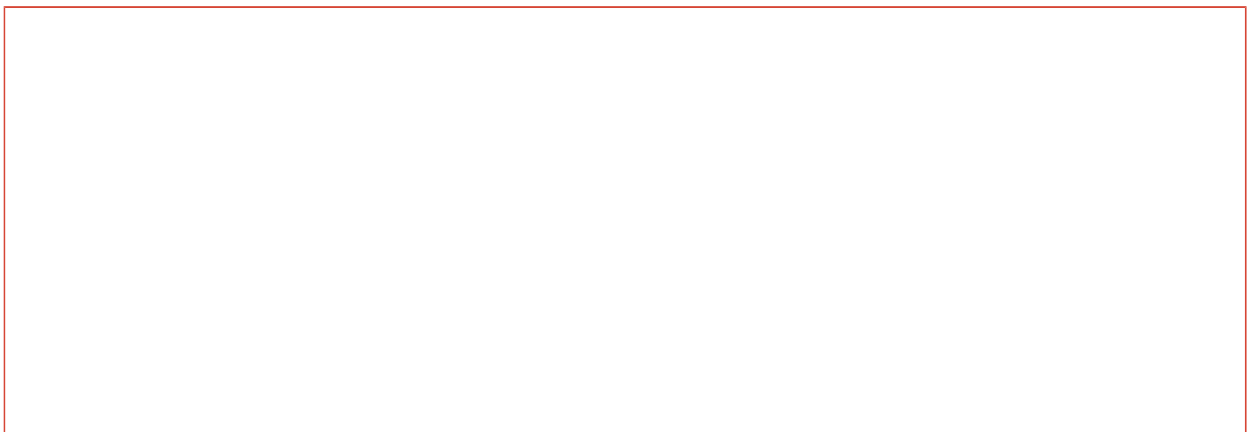
## Categories

EAPA Approved Courses, Management & Leadership, ILM Endorsed Courses, Quality & Productivity, Human Resources Management (HRM)

## Tags

Leadership, women, woman, Change, Equality, Equity, Diversity, Success

## Related Articles





### **Women In Leadership: Paving The Path To Equality And Success**

Discover the history, challenges, and importance of women in leadership positions. Explore strategies to empower female leaders and bridge the gender gap for a more inclusive and prosperous future.

## **YouTube Video**

<https://www.youtube.com/embed/LJepu80kJeo?si=Uca8SBkjuTvlwiZh>